



Foreign Language Virtual Learning

What does it mean to be resilient?

May 11, 2020



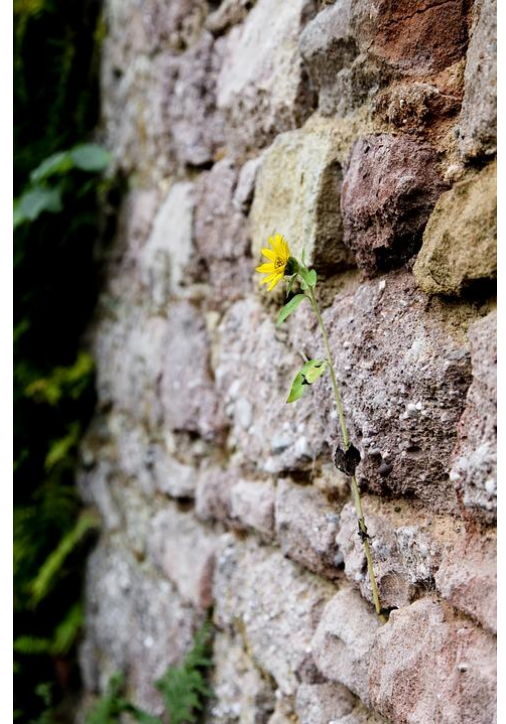
6th Grade Foreign Cultures

Lesson: May 11, 2020

Objective/Learning Target:

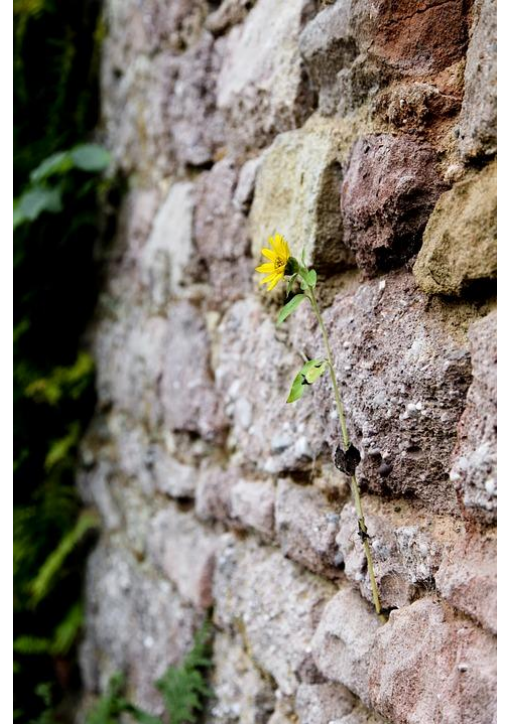
I can analyze relationships and interactions within and between human and physical systems to explain reciprocal influences that occur among them.

Warm Up: Define the word resilience. What does resilience mean to you?



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Here is the Merriam Webster definition: "the ability to become strong, healthy, or successful again after something bad happens."





For this unit, you are going to share with your teacher a [slideshow](#) with your responses to the questions and prompts.



Resilience is a big word. Let's think of some synonyms to help us get a better feel for what this word mean. In the world of teachers, grit is a that gets used a lot. Educators want students to develop the ability to keep trying when something gets difficult.

What are some other words you can think of that mean the same things as resilient?

Some synonyms for resilience include: strong, tough, hardy, irrepressible, and buoyant.

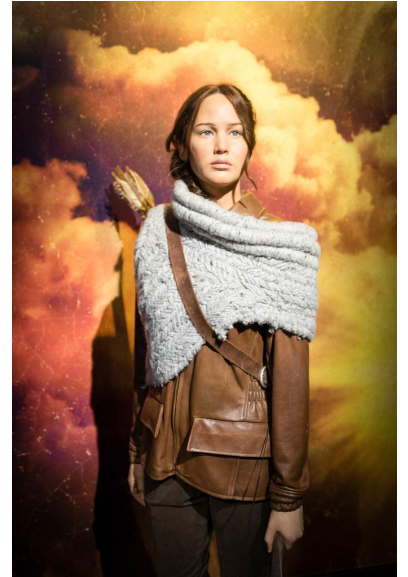


Historical figures who have embodied resilience include Anne Frank, who kept a positive spirit while hiding from German soldiers during World War II, Mahatma Gandhi, Martin Luther King, and Nelson Mandela, all of whom overcame great obstacles and personal suffering to become global leaders.

Fictional heroes in literature and film who have exhibited resilience include Captain Ahab in *Moby Dick*, Jane Eyre, Rocky, Little Orphan Annie, Katniss from *The Hunger Games*, and Mark Watney, the astronaut abandoned on Mars, from *The Martian*.

Think of your favorite character or person—either fictional or real—who fought against the odds to overcome obstacles. What motivated them to keep going? What inspires you to persevere through your own difficulties?

Answer in the [slideshow](#) for this unit.





We will be watching a film about a disabled man living in a small mountain town in Honduras. The film, *Everything is Incredible*, is a story about a man who has faced serious challenges in his life, including being born into poverty and becoming paralyzed from polio. Since 1958, Agustin has dedicated his life to building a helicopter out of used materials. His aim, as he says, is to "prove to the world that I'm not crazy."



Watch the [film, Everything is Beautiful](#), while making note of specific aspects of Agustin's everyday life that they would find challenging. What keeps Agustin motivated for the future? What emotions, attitudes, or words reflect his resilience? Type your answers on the slideshow.



Additional Resources

"[CDC Global Health: Polio](#)." Centers for Disease Control and Prevention.

Kerhet, Peg. Small Steps: The year I got Polio. Available from [Mid Continent Public Library](#) as ebook and audio book. You will probably read this book in ELA as well.